

NSNMR REGISTRATION & LICENSURE POLICY

**POLICY ON CONTINUING COMPETENCE
IN FETAL HEALTH SURVEILLANCE (FHS)**

Registered midwives with a practising or conditional licence (clinical practice) must complete a program or course in fetal health surveillance (FHS) every three (3) years. Proof of successful completion of an approved fetal health surveillance course will be required for initial registration and annual licence renewal.

Fetal health surveillance courses endorsed by the Canadian FHS Steering Committee¹ and accepted by Nova Scotia Nursing and Midwifery Regulator include:

- Fundamentals of Fetal Health Surveillance Online Self-Learning Manual and Online Exam, administered through the University of British Columbia Continuing Professional Development (UBC CPD) portal. Available at <https://ubccpd.ca/fhs-online-manual>
- Fundamentals of Fetal Health Surveillance Workshop (in person)
- Fetal Health Surveillance Refresher Course (prerequisite completion of FHS workshop and exam)

Midwives may request approval from the Registrar for an equivalent fetal health surveillance program offered through their employer or health authority. All approved FHS courses must be delivered by certified instructors.

Midwives who are certified FHS instructors will be considered to have met this continuing competence requirement when proof is provided of:

- a) current instructor registration; and
- b) teaching at least one fetal health surveillance workshop in the preceding year.

¹ Society of Obstetricians and Gynecologists of Canada (SOGC), Canadian Association of Perinatal and Women's Health Nurses (CAPWHN), Canadian Association of Midwives (CAM), and College of Family Physicians of Canada (CFPC).